

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1-20. (cancelled).

21. (new) An activity practice device, comprising:

a camera;

a display for displaying real-time images received by said camera, said display being located in a plane substantially parallel to a simulated activity playing surface; and

an upper surface upon which a user may stand while making a swing, said upper surface being substantially coplanar with said simulated activity playing surface.

22. (new) The device of claim 21 comprising:

a tee adapted to receive a golf ball thereon, said tee being placed at a location, said location being such that a user, when focusing on said ball during the course of making a proper golf swing, is able to simultaneously see said swing in said user's peripheral vision.

23. (new) The device of claim 22 wherein said tee is at least proximate said display.

24. (new) The device of claim 23 wherein, and said tee is located directly above a portion of said display.

a target on said device at which a user swings, said target being placed at a location such that a user, when focusing on said target during the course of a swing, is able to peripherally observe said swing in real-time.

32. (new) The device of claim 31 wherein said upper surface upon which a user may stand while making a swing is substantially level with a simulated playing surface created immediately above said display.

33. (new) The device of claim 31 wherein said second portion is hingeably attached to said first portion.

34. (new) The device of claim 31 wherein one of said first and second portions include a recess for containing at least said camera.

35. (new) A method of practicing an activity, said activity including swinging an elongated member by gripping said elongated member at one end and striking a projectile with another end, said method comprising:

providing a camera;

providing a display having a substantially flat viewing area in a simulated playing surface, said simulated playing surface being above and in a substantially parallel plane with said display;

providing a surface on which a user is able to stand which is substantially coplanar with said simulated playing surface;

presenting images received from said camera in real-time onto display enabling the user to simultaneously view themselves while engaging in said activity.

36. (new) The method of claim 35 including the additional step of:
- locating said substantially flat viewing area on said display such that the viewing area is located in a plane substantially parallel to said simulated sport playing surface.
37. (new) The method of claim 35, comprising:
- locating a the projectile proximate said viewing area.
38. (new) The method of claim 37, comprising:
- locating the projectile directly above the viewing area.

25. (new) The device of claim 21 wherein at least a portion of said display is covered by a transparent protective covering.

26. (new) The device of claim 21 wherein the device is portable.

27. (new) The device of claim 21 wherein said device comprises:
a first member connected to a second member, said first member supporting said display thereon.

28. (new) The device of claim 27 wherein said second member provides said upper surface upon which said user may stand while making a swing.

29. (new) The device of claim 27 wherein said second member is hingeably attached to said first member.

30. (new) The device of claim 27 wherein one of said first and second members includes a recess for containing said camera.

31. (new) A portable device used for practicing a sport, said sport including an action swinging an elongated member by gripping said elongated member at one end and striking a projectile with another end, said device, comprising:

a camera;

a first portion of said portable device connected to a second portion of said portable device, said first portion supporting a display, said display used for displaying real-time images received by said camera, said second portion including an upper surface upon which a user may stand while making a swing;